#### LOCATION 2 - BRIDGE GROVE/REGENT GROVE

Nature is all around the Trail! Keep visiting throughout the year to see how it changes with the seasons.

#### Activity

In spring and summer, spot as many colourful wild flowers as you can. In autumn and winter, hunt for different twigs, noting their colour, flexibility, and any buds.



# WHEN EN HILLS

# LOCATION 3- BY THE RUGBY CLUB

The Trail can be used for lots of forms of exercise, as well as for getting from A to B. There's even a rugby club at the side of the Trail, where Wheatley Hills RUFC play.

#### **Activity**

Can you run, jump and weave like a rugby player until the next activity point.

Question - How many players are on a rugby union team.

Answer - 15 players and 8 substitutes.

## LOCATION 4- CUSWORTH HALL

Visit the Hall and see if you can answer the questions.

Question - Can you guess what century the house was built in?

Answer - The 18th Century.



Question - What is the name of the family who lived in the hall for over 200 years?

Answer - Battie-Wrightson family.

## LOCATION 5- BY THE BAT BOXES

Look up at the trees. Can you spot the bat boxes? These help local bats by providing a roosting space. (Roosting is where bats come to rest or sleep.)

#### **Activity**

Collect leaves, sticks, stones, and other interesting natural materials from the ground. Can you get creative and use what you find to make a picture of a bat? Remember to only use items that have already fallen, not living plants.

## LOCATION 6 - CRUSADER DRIVE

A factory used to be located here, before the houses.

# Question - Can you guess what was made in the factory?

Answer - Tracks for tanks were initially made here, and then steel castings

Question - Can you guess when the factory was opened Answer - The factory was opened 1943 by the Ministry of Supply to make Tank Track links during WW2.



#### LOCATION 7- THE ORCHARD

Can you spot the Orchard? Take a walk around the different paths if you can.

#### Activity

Take part in the nature hunt and see if you can find all the below?

- Something hanging
- Something crawling
- Something small
- Something big
- Something colourful

# LOCATION 8 - TREE BATHING

The trail can be a place for peace, quiet and mindfulness. If you are moving between location 7 and 9, take notice of the trees, and give tree bathing a go.

#### Activity

To listen to a guided meditation and find out more about tree bathing, scan the QR code to access the online version of the trail.

# LOCATION 9 - SPROTBROUGH ROAD

The Trans Pennine Trail connects lots of locations. Have a look at the map and see where can you go from here?

#### Activity

Can you make up a story about a river? Imagine what the journey there or along the river would be like. What plants and animals might you come across? You might even want to draw the story when you are home.





Get to know your local Trans Pennine Trail better by participating in our family-friendly activity trail.

Check out the map to see where the activity points are located along the Trail. There are 9 points in total, covering approximately 1 mile. You can choose to visit a few locations or complete the entire trail. The points can be visited in any order that suits you.

This trail was created by Sustrans, the charity dedicated to making it easier to walk, wheel, and cycle, to celebrate the enhancements made on a section of the Trans Pennine Trail (TPT) in Doncaster, between York Road and Melton Road/Sprotbrough Road.

Scan the QR code to access an online version of the trail, that has more activities, information about the improvements made, and the work that Sustrans and the Trans Pennine Trail do.



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# LOCATION 1 - YORK ROAD ACCESS

The Trans Pennine Trail connects lots of locations. Have a look at the map and see where you can go from here?

#### Activity

Time to get active! See how many ways you can move on the way to the next point. Can you skip, hop, jump, run, spring...? (You too adults!)



